

Foods Containing Soy or Soy Oil

Apple Spice Loaf	Cinnamon Crunch Snack	Potatoes, Battered Crispy Fry
Asian To Go - Chicken Stir Fry	Cookie, Gingerbread	Potato Cakes
Bar, Cereal Trix	Cookie, Strawberry & Oat	Potatoes, Curly Fries
Bar, Oatmeal Brown Sugar Chewy	Cookies & Cream Sandwich	Potatoes, Hashbrown Spicy Cubes
Bar, Peanut Butter & Jelly	Cookies & Cream Sundae	Potato, Mashed
Barbecue, Chopped	Corn Dogs	Potatoes, Seasoned Wedges
Bars, Apple Cinnamon. Nutrigrain	Crackers, Cheese Whole Grain	Salad Dressing, Ind.
Bars, Blueberry Nutrigrain	Crackers, Goldfish Snack	Soy Milk, Chocolate
Bars, Marshmallow Treat Wrapped	Crackers, Graham Cinnamon Mini	Soy Sauce
Bars, Strawberry Nutrigrain	Crackers, Peanut Butter	Sweet & Sour Sauce
Base, Chicken	Crackers, Saltines	Toaster Pastry - Brown Sugar
Base, Ham	Dough Pizza	Toaster Pastry - Strawberry
Beef, Chicken Fried Steak	Dough, Hoagie Roll	Tortilla Chips, Nacho
Beef, Patty	Dressing, Caesar	Tortillas, Chalupa
Beef, Steak Finger	Dressing, Packet Caesar	Tortillas, Flour
Biscuit & Sausage, Packaged	Dressing, Packet Italian	Waffle Sticks
Blueberry Muffin	Egg Patty	Wheat, Steak Roll
Breakfast, Scramble	Egg Roll	Whole Wheat Bread, Sliced
Burritos, Bean & Cheese	French Toast Stick	Whole Wheat, Hamburger Buns
Burritos, Chili Cheese	Granola Bar, Crunchy Honey Oat	Whole Wheat, Hot Dog Buns
Cereal, Cinnamon Toast Crunch	Kolache, Sausage	
Cheese, American, Sliced	Low Fat Cookies & Cream Sandwich	
Cheese, White American	Mayonnaise, Reduced Fat	
Chicken Bites, Teriyaki	Meatball Pocket	
Chicken Chunks, BBQ	Meatballs	
Chicken Nuggets	Mini Ice Cream Sandwiches	
Chicken Oriental	Neapolitan Ice Cream Sandwich	
Chicken Tenders	Pancakes	
Chicken, Chunk Deluxe	Pepperoni, Slices Reduced Fat	
Chicken, Pattie Spicy	Pizza Cheese Stick	
Chicken, Patties Breaded	Pizza, Breakfast	
Chips, Baked Cheddar & Sour Cream	Pizza, Cheese, Whole Grain	
Chips, Baked KC Masterpiece	Pizza, Pepperoni, Snack Bar	
Chips, Baked Tostitos	Pizza, Pepperoni, Whole Grain	
Chips, Funyons	Pizza, Stuffed Crust	
Chips, Sunchip French Onion	Pocket Sandwich, Pepperoni	

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Foods Containing Wheat

American Cheese Rolls	Cinnamon Crunch Snack	Pizza, Stuffed Crust
Apple Spice Loaf	Cookie, Gingerbread	Pocket Sandwich, Pepperoni
Bar, Cereal Cinnamon	Cookie, Strawberry & Oat	Potatoes, Battered Crispy Fry
Asian To Go - Chicken Stir Fry	Cookies & Cream Sandwich	Potatoes, Curly Fries
Bar, Cereal Trix	Cookies & Cream Sundae	Potatoes, Seasoned Wedges
Bar, Oatmeal Brown Sugar Chewy	Corn Dogs	Pretzel Poppers
Bar, Peanut Butter & Jelly	Crackers, Cheese Whole Grain	Pretzels, Ind. Bag
Bars, Apple Cinnamon Nutrigrain	Crackers, Goldfish	Soy Sauce
Bars, Blueberry Nutrigrain	Crackers, Graham Chocolate Mini	Sweet & Sour Sauce, Ind.
Bars, Strawberry Nutrigrain	Crackers, Graham Vanilla Mini	Toaster Pastry, Brown Sugar
Base, Chicken	Crackers, Peanut Butter	Toaster Pastry, Strawberry
Base, Ham	Crackers, Saltines	Tortillas, Flour
Biscuit & Sausage	Crackers, Graham Cinnamon	Tortillas, Whole Wheat Flour
Biscuits	Croutons	Waffle Sticks
Blueberry Muffin Mix	Dough Pizza	Wheat, Steak Roll
Breakfast, Scramble	Dough, Hoagie Roll	Whole Wheat Bread, Sliced
Burritos, Bean & Cheese	Egg Roll	Whole Wheat, Hamburger Buns
Burritos, Chili and Cheese	Fish Portions	Whole Wheat, Hot Dog Buns
Cereal, Cheerios Honey Nut	French Toast Stick	
Cereal, Cheerios, Fruity	Graham & Granola Snack Mix	
Cereal, Cinnamon Toast Crunch	Granola Bar, Chocolate Chunk Low Fat	
Cereal, Golden Grahams	Granola Bar, Smores	
Cheese Bread Stick	Gravy, Cream Mix	
Chicken Bites, Teriyaki	Kolache, Sausage	
Chicken Nuggets	Low Fat Cookies & Cream Sandwich	
Chicken Patties, Breaded	Meatball Pocket	
Chicken Patties, Deluxe	Meatballs	
Chicken Oriental	Mini Ice Cream Sandwiches	
Chicken Tenders	Neapolitan Ice Cream Sandwich	
Chicken, Breakfast Pattie	Nutzo Cone	
Chicken, Chunk BBQ	Pasta, Spaghetti WW	
Chicken, Chunk Deluxe	Paste, Penne, WW	
Chicken, Patties, Spicy	Pizza, Cheese, Whole Grain	
Chips, Baked KC Masterpiece	Pizza Cheese Stick	
Chips, Doritos Nacho Red. Fat	Pizza, Breakfast	
Chips, Sunchip Cheddar	Pizza, Pepperoni, Snack Bar	
Chips, Sunchip French Onion	Pizza, Pepperoni, Whole Grain	

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Foods Containing Milk

Apple Spice Loaf	Chocolate Ice Cream, cup	Pizza, Stuffed Crust
Bars, Apple Cin. Nutrigrain	Cookie, Strawberry & Oat	Pocket Sandwich, Pepperoni
Bars, Blueberry Nutrigrain	Cookies & Cream Sandwich	Potato, Mashed
Bars, Marshmallow Treat Wrapped	Cookies & Cream Sundae	Pretzel Popper
Bars, Strawberry Nutrigrain	Croutons	Pudding Cup, Chocolate
Biscuit & Sausage	Chips, Doritos Nacho Red. Fat	Pudding Cup, Vanilla
Biscuit	Chips, Funyons	Rainbow Pop Up
Blueberry Muffin	Chips, Sunchip Cheddar	Rainbow Sherbet
Breakfast, Scramble	Chips, Sunchip French Onion	Sausage Pattie
Burritos, Bean & Cheese	Chocolate Ice Cream, cup	Strawberry Ice Cream, cup
Burritos, Chili and Cheese	Cookie, Strawberry & Oat	Tarter Sauce,
Cheese Bread Stick	Dough Pizza	Tortillas, Flour
Cheese Sauce	Dressing, Caesar	Tortillas, Whole Wheat Flour
Cheese, American Shredded	Dressing, Ranch	Vanilla Ice Cream, cup
Cheese, American, Sliced	French Toast Stick	Waffle Sticks
Cheese, Mozzarella Shredded	Gravy, Cream Mix	Whipped Topping
Cheese, Mozzarella String	Lime Sherbet	Yogurt - Peach, Strwby, Strwby Banana
Cheese, Portion, American	Low Fat Cookies & Cream Sandwich	
Cheese, Shredded Mild Cheddar	Meatball Pocket	
Cheese, White American	Meatballs, Turkey & Beef	
Chicken Nuggets	Milk 1%, Fat Vanilla	
Chicken Patties, Breaded	Milk, 1%, Fat Chocolate	
Chicken Patties, Deluxe	Milk, 1%, Fat Strawberry	
Chicken Tenders	Milk, 2%, Fat White	
Chicken, Breakfast Pattie	Mini Ice Cream Sandwiches	
Chips, Baked Cheddar & Sour Cream	Neapolitan Ice Cream Sandwich	
Chips, Baked KC Masterpiece	Nutzo Cone	
Chips, Cheetos Baked	Orange Sherbet	
Chips, Cheetos Bkd Flaming Hot	Pancakes	
Chips, Cooler Ranch, Red. Fat	Pizza , Cheese, Whole Grain	
Chips, Doritos Nacho Red. Fat	Pizza Cheese Stick	
Chips, Funyons	Pizza, Breakfast	
Chips, Sunchip Cheddar	Pizza, Pepperoni, Snack Bar	
Chips, Sunchip French Onion	Pizza, Pepperoni, Whole Grain	

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Foods Containing		
Eggs	Nuts	Fish
Apple Spice Loaf	Bar, Oatmeal Brown Sugar Chewy	Asian To Go - Chicken Stir Fry
Bar, Oatmeal Brown Sugar Chewy	Bar, Peanut Butter & Jelly	Dressing, Packet Caesar
Breakfast, Scramble	Cereal, Cheerios Honey Nut	Fish Portions
Chicken Nuggets	Cookie, Strawberry & Oat	
Chicken Patties, Breaded	Crackers, Graham Chocolate Mini	
Chicken Patties, Deluxe	Crackers, Peanut Butter	
Chicken Oriental	Granola Bar, Chocolate Chunk Low Fat	
Chicken Tenders	Granola Bar, Crunchy Honey Oat	
Chicken, Breakfast Pattie	Granola Bar, Smores	
Chicken, Chunk BBQ	Nutzo Cone	
Chicken, Patties, Spicy	Peanut Butter	
Cookie, Strawberry & Oat	Strawberry Fruit & Grain Bar	
Corn Dogs		
Dressing, Packet Caesar		
Dressing, Packet Ranch		
Egg Patty		
Egg Roll		
Eggs, Scrambled		
Kolache, Sausage		
Mayonnaise, Reduced Fat		
Meatball Pocket		
Meatballs		
Muffin, Blueberry		
Pancakes		
Salad Dressing, Ind.		
Tarter Sauce, Ind.		
Waffle Sticks		

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